# **PRE-CARE INSTRUCTIONS:**

If you have any of the following conditions, you cannot get tattooed or may need to consult with your doctor.

- Under the age of 18 years old
- Pregnant/Breastfeeding
- Allergies to Lidocaine/Benzocaine
- Undergoing Chemotherapy
- · Have an Autoimmune disorder or difficulty healing
- Diabetes
- Any heart conditions

#### **IMPORTANT PRE PROCEDURAL INSTRUCTIONS:-**

- No alcohol 24 hours prior
- No working out day of
- No blood thinners
- No botox and fillers on lips 2 weeks prior procedure
- No antibiotics for 2 weeks prior
- For clients with any history of cold sores/fever-blister/herpes (even if it was when you were
  a child), contact your physician and request a prescription for cold sores tablet or Valtrex.
  Take 1000mg/day for 2 days before the procedure, the day of the procedure and 2 days
  after the procedure as directed and repeat on all visits. You can also take them as a
  precaution even if you never had cold sores before.

• VERY IMPORTANT: Please exfoliate your lips once daily, for 2 days before your appointment and apply generous amount of Vaseline/ Pawpaw cream constantly to prevent cracked/dry lips. If you arrive at your appointment with dry/flaky lips, you might have patchy lip colour when your lips heal.

## **AFTERCARE INSTRUCTIONS:**

These after care procedures are as important to the retention of the pigment, as the actual implantation process. During this period, the primary objective is to allow the bonding process to be completely sealed inside the dermis. Your compliance will ensure that you achieve the best healed result.

- Judgement of your results should be deferred until 3 weeks to a month following the final procedure.
- Immediately following the procedure, your lips might be swollen and may look harsh or
  painted-looking. However, it will soften up and look more natural as you heal. Again, the
  intensity of the procedure is most prominent following the procedure itself. Over the next 37 days, the outer layer of colour will appear crusty and start to flake off. Special care should
  be exercised while the treated area is healing
- Under no circumstances should you pick, scratch or rub the treated area or attempt to remove the flakes. Removing of the flakes may result in the removal of the actual pigment and/or infection may occur.
- As the outer layer flakes off, you will notice that the colour is lighter and softer. For the
  following two weeks, colour that was implanted under the skin will move forward. After
  three weeks, your healing process should be complete.

#### Day 1 (Day of procedure)

- It is very important to remove the lymph from the surface of your tattooed lips in order to avoid heavy scabbing.
- After the procedure, every 30 mins for next 2 hours gently clean the area with the wet cotton pad that is soaked with green soap (provided) to absorb and clean excess lymph fluid. Wash the lips with water straight after cleaning the lips with green soap and gently dab your lips dry with clean tissue paper. Apply thin layer of healing cream- Vit A&D cream provided. This step is to remove lymph fluid and removing this fluid prevents hardening of any blood/lymphatic fluids. While the skin is in the process of forming a protective scab and the lymph secretion is active you may see fluid or ooze on the skin. This is normal but the fluid must be cleaned off so that the secretion does not crust and block the skin from breathing.
- Before going to bed, if you see that the lips still have some dry lymph, then wash with lukewarm water gently removing the dry lymph, pat dry and apply thin layer healing ointment provided.

### First 7 days

No soap, cleanser or shampoo should be used on the treated area - soap and cleansers are
designed to remove any foreign substances. Obviously, this is detrimental to the bonding
process required for the pigment to become permanent. Toothpaste and mouthwash are
considered "soap" and will remove lip colour, so proceed with caution when brushing.

- All cleansing should be done with a clean cotton pad soaked with clean cool water and gently dabbed on the treated area. Do not rub the area in any way.
- Apply provided healing ointment with clean cotton buds in the tattoo area for the first week.
- Apply to the treated area with a cotton bud, several times per day (Do not use mineral oil or
  petroleum-based products such as Vaseline) this is to be done in a gentle, dabbing motion
  as not to disrupt the pigmentation bonding process. Doing so will keep the area moist and
  accelerate the healing. Do not let the area dry out, keep moist all times.
- Check your lips every 30 minutes and re-apply ointment as necessary.
- Do not press or rub when applying ointment.
- Apply an extra heavy coat of ointment to the treated area before bedtime, shower and before washing face.
- If any form of redness, tenderness, drainage, fever or rash occurs, please contact Masterpiece Studio or your health care provider immediately!
- Showers are permitted but do not wash, scrub or touch the treatment area. Hot, steamy showers should be avoided completely. After two weeks, you may resume all regular activities.
- While brushing teeth for the first 3 days, coat lips with a lot of ointment before brushing and use a minimal amount of toothpaste.
- For the first 2 days, use straw when drinking liquids; avoid sandwiches, biting into fruit or foods that might cause friction to the lips. Smoking is discouraged for optimal results.
- Do not use any lipstick or cosmetics on or near the treated area for 7 days. The procedure, even after the first treatment, looks so natural that you can feel very secure appearing in public without any additional makeup on the affected area. This rule applies also to non-allergic makeup, as it may contain chemicals that interfere with the bonding process. If or whenever you do begin using cosmetics again, invest in a new lipstick to support your new look. This will eliminate the possibility of bacteria breeding in an old container.

### For at least two (2) weeks

- Minimize exposure to the sun.
- Swimming in fresh, salt or chlorinated pool water is discouraged.
- Since your procedure is facial, it is recommended that you sleep on a clean satin pillowcase for seven 7 nights. This will minimize the loss of pigmentation caused by rubbing against a cotton, textured pillowcase as you sleep.
- Special care should be exercised while the treated area is healing. Under no circumstances should you pick, scratch or rub the treated area or attempt to remove the flakes. Removing of the flakes may result in the removal of the actual pigment and/or infection may occur. It is important that this protective "cover" stay on during the healing process (3 to 6 days).
- If you use Retin-A, do not allow it close to the treated area for 30 days. It will cause the area to peel and lighten.
- Always use good health habits.
- If you have any questions after you get home, feel free to contact me.
- Variations to these recommendations are not encouraged and will most likely affect the final outcome of your procedure, if not totally remove the implantations.

#### **TAKE NOTICE**

- Swelling, oozing and some redness, following the day of the procedure is normal for some clients.
- The use of Benadryl over the counter and keeping your face vertical is helpful.
- Shedding your colour and outer epidermal skin is normal during the first 3-4 days following treatment.
- Should you suspect an infection in or around the procedure area, please contact Masterpiece Studio or your health care provider immediately!