

PRE-CARE INSTRUCTIONS:

If you have any of the following conditions, you cannot get tattooed or may need to consult with your doctor.

- Under the age of 18 years old
- Pregnant/Breastfeeding
- Rosacea
- Used Accutane within the last year
- Allergies to Lidocaine/Benzocaine
- Undergoing Chemotherapy
- Have an Autoimmune disorder or difficulty healing
- Diabetes
- Any heart conditions

****Important Pre-Procedural Considerations****

- No tanning 1 week prior
- You cannot be pregnant or breast feeding
- No alcohol 24 hours prior
- No working out day of
- No blood thinners
- No botox and fillers on brow area for 2 weeks prior procedure
- No retinol products 1 month prior in brow area
- No antibiotics for 2 weeks prior

AFTERCARE INSTRUCTIONS:

The “after care” procedures are as important to the retention of the pigment as the actual implantation process. During this period, the primary objective is to allow the bonding process to be completely sealed inside the dermis. The end healed result depends on how you follow the aftercare instructions.

Day 1 (day of the procedure)

- Clean tattooed area every 30 min for the first 2 hours (total 4 times) after the procedure using a damp cotton pad that comes in your aftercare kit and rinse using clean water straight away and gently pat dry with soft tissue.
- Before bed - clean tattooed area with facewash provided (Cetaphil gentle cleanser) by gently tapping facewash with tip of finger and rinse with lukewarm water to gently remove the lymph and pat dry with soft tissue.
- If you have dry skin, apply thin layer of healing ointment (Vit A & D) with cotton buds provided. Apply very thin layer -size of rice grain for both eyebrows, apply with one side of cotton buds and tap the area with clean side of cotton buds to absorb excess. Remember less is more and your tattoo will need air to aid proper healing.
- If you have combination or oily skin, please skip using healing cream until day 3.

Day 2

Wash your face in the morning and at night with the face wash provided, in a dabbing motion.

Day 3- 7 until brows finish peeling:

Continue washing your brows morning and night using face wash provided. From day 3 oily skin can apply very thin layer (size of rice grain) of healing cream after washing your face in the PM before bed. Everyone's skin has its own healing process and duration. It is recommended to apply healing cream as long as the skin is scabbing.

During Day 1 to 7 or even longer (until all scabs are gone):

- Avoid direct force of shower on your tattoo.
- Use visor provided while in the shower and dry tattooed area straight after you come out of the shower with clean tissue paper (please don't use towel to dry).
- Gently wash the area with facewash provided and water morning and night. Do not use a washcloth or anything abrasive on your tattoo.
- Do not sleep on your face.
- Avoid steam rooms, public pools and the ocean during the healing process.
- Avoid direct sunlight and tanning beds for 2 weeks.
- Avoid sweaty exercise for 1 week.
- Do not use any makeup on the tattooed area for at least 7 days and longer until your brows finish peeling.
- After the procedure is completely healed, you make go back to your regular cleansing and makeup routine.
- Avoid scrubbing the area. Use sunblock on the area after your finish peeling to protect from harmful UV.
- Failure to follow after-care instructions may result in infections, pigment loss or discoloration.

WARNINGS

- Do Not use any Retin-A or Glycolic Acids in the brow area during or after healing! - Do Not scrub or pick treated areas!
- Do Not expose area to the sun or tanning beds!
- Avoid swimming pool for 14 days!
- Do Not dye or tweeze eyebrows for one week after the procedure!
- Failure to follow post procedure instructions may result in infection or loss/discoloration of pigment.

EYEBROW TATTOO HEALING PROCESS

The healing process requires patience. Please ensure you've read this information as your healed results rely heavily on how well you can follow the aftercare advice.

Keep in mind that even with proper care, some areas may look uneven or patchy. It is normal because your natural skin regeneration is not a process that your artist can control. You can schedule to come back in after 4-8 weeks from your initial session to fine tune your investment and assure that richness of colour, symmetry, density in the shape and desired effect is achieved.

At your touch up appointment, we can make any changes you want - a lot of clients go a bit bolder at their touch up as they have had time to adjust to their new brows and feel more confident with the process.

During the first day, your brows will look warmer than they will heal, and you may experience some minor swelling, redness and blanching (white glow caused by the numbing solution). Tenderness in the area is common. This is a fresh tattoo that needs time to close and heal. During the following few days, tenderness may continue as well as some tightness or itchiness around the eyebrow area. Your eyebrow area may feel like sunburn when you sneeze or frown. This is normal and is the start of your skin healing.

If your eyebrows are kept clean and dry then only a thin film (like sunburn peel, not a scab) will appear. The film will make your eyebrows look darker than when first done, but this is not the colour your eyebrows will heal (so don't panic). The film will peel off by itself after 5 - 10 days and may not lift evenly. Leave the film alone; picking will cause irritation, can cause scarring and will lift colour from the skin resulting in unevenness and blank spots. Let the area heal naturally for best results. Once the film is off, the colour implanted will look around 50% lighter and the shape will also have shrunk in size.

Whilst the skin is peeling, it may seem as though the treatment hasn't worked. The colour may look faded or it may seem as though the pigment has disappeared. Why? Eyebrow tattoos are not as deep as a 'normal' tattoo - your new healing skin is covering the pigment and when your skin and the pigment starts to settle down (between weeks 2 and 4), you'll notice that your eyebrow colour starts coming back. They didn't disappear in the first place; it was just harder to see the pigment through a thicker layer of healing skin. If the colour is still weak or patchy at weeks 4 to 6, don't worry! This is a delicate tattoo to heal, and this is when you come back in for touch-up session. If you liked your

brows as they were when you left the first appointment (shape, colour, style etc), we will do the exact same thing again at your touch up appointment.

After your touch up, the pigment holds a lot better. Your brows won't fade as much and will feel and look healed quicker than the first time.

Healed results vary per individual client. We have no control over what occurs during the healing process. After the first touch-up additional touch-up sessions (perfecting sessions) may be required to obtain optimal results. Additional charges will apply.

Healing is specific to each client and it's important to realise that you'll need a colour boost every 6 / 9 / 12 / 18 month depending on your skin type and lifestyle to maintain the vibrancy of your eyebrows. Permanent makeup is an art, not a science. Your results will vary and using a brow pencil or powder may still be needed, especially when wearing makeup (foundation / powder etc). Please remember that brow tattoos are only an enhancement to your natural brows. This is not necessarily a no maintenance treatment, but a low maintenance treatment. No two sides of the face are the same or perfectly symmetrical and whilst trying to obtain perfect symmetry is my goal, nothing is guaranteed or 100% perfect.

CAUTION - If the skin around the eyebrows breaks out in a heat rash, small pimples, this is usually reaction to the numbing solution and should go away by itself in a couple weeks, don't pick. Please call immediately if this occurs so we can make a note of the reaction and follow up to ensure that it is not a serious situation.

Note: If you have any issues while your brows are healing, we can fix them at the touch-up but if you are worried, please don't hesitate to contact me.